GroundWork Counseling, LLC

VIOLENCE AND ABUSE

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We live in a mostly male-dominated society

Boys are exposed to controling tactics and privilege as they grow up

Some men choose behaviors meant to control, dominate, and subjugate

Domination and Subjugation of women and children

Abuse

Passive Abuse

- not listening
- refusing to talk
- muttering, sighing
- playing dictator of truth
- walking out
- forgetting important events
- playing victim
- sulking and pouting
- ignoring her needs and wants
- selfish exlusionary personal interests
- sexist role playing
- gambling
- drinking or drugging
- foul language
- lewd comments about women
- avoiding sex
- flexing muscles
- displaying or practicing with weapons

Active Abuse

- gossip
- denying her money
- keeping her from friends and family
- sarcasm, insults, distortions, interruptions, mockery, antagonism, name calling
- physical threats and intimidation
- threats directed toward important others or things
- taking advantage of incapacittion
- foolish accusations
- acting superior
- lying about yourself or her
- making her feel guilty
- disrepectful sex
- adultery
- unfair criticisms
- leaving her lonely
- stalking
- public humiliation

Violence

Indirect Violence

- intimidating bluster, screaming, glaring, stomping feet, throwing things, storming out
- drunken or drugging rages
- telling intimidating "war stories"
- indirect threats with weapons
- unwanted sex
- stranding
- blocking phone calls
- any of above directed toward family, friends, or pets

Direct Violence

- slapping, punching, pinching, kicking, squeezing, poisoning, binding, drugging strangling,
- pulling hair or clothing
- wreckless driving
- destroying possessions or household items
- confinement
- direct threats with weapons
- forced sex
- physically harmful sex